

# LISMORE NEWS

## 4th September 2025

2025 Edition No.14 Project of the Lismore Progress Association | Circ. 300

*Donations are warmly welcomed to help keep our newsletter free. Details on p. 4.*

### *Donations: Thank you!*

For anonymous donations  
left at the Blue Yabby

### **Happy Fathers Day. Sunday Sept 7th.**

There is still time to organise something special for Fathers' Day, with opportunities to eat and shop locally, including an imaginative gift from the Lismore Newsagency & Post Office, or Crackajack Creations.

### **40% rates rebate for drought-struck farmers**

Drought-hit farmers across Corangamite Shire will receive a 40% lump sum rebate on their 2025-2026 rates and municipal charge.

Council has been allocated \$5,274,200 from the State Government's \$35.8 million funding package for selected south-west Victorian councils as part of a broader Drought Support Package.

At its August meeting yesterday, Council voted for a uniform allocation across all properties with a 'Farm' rate classification to ensure the payment is equitable.

Mayor Kate Makin said under the Primary Producer Support Payments (PPSP) program, Councils had discretion about how best to allocate the funding to support the most severely drought-affected farming rate payers.

Cr Makin said Council's Rates and Charges Collection and Hardship Policy recognises the need for respect and compassion when people need support in difficult times.

"For advice on how that may fit your situation, call Council on 5593 7100."

Council has drought support information at [corangamite.vic.gov.au/DroughtSupport](http://corangamite.vic.gov.au/DroughtSupport).

To view the full range of financial, technical and well-being support available to drought impacted farmers visit [agriculture.vic.gov.au/drought](http://agriculture.vic.gov.au/drought) or phone 136 186.

### **Spring Equinox Tuesday 23 September**

Workshop on sundials Sunday 21 September at  
Murnong Indigenous Garden 11am to 12 noon

### **Upgrades to under highway walkway Brown's Waterholes**

Works will soon commence on the Lismore foot-bridge replacement. This has been closed for two years due to safety concerns. The Shire has secured and contributed to funding and will manage the rebuild. The Request for Quote will go out to providers at the start of September, expecting the tender to be awarded in October. Demolition of the existing bridge /construction of the new bridge is expected during summer, with completion prior to winter. Visit the Lismore website events page for further information



## **LISMORE PRIMARY SCHOOL Annual Trivia Night**

FRIDAY 17th OCTOBER  
6.30 pm for 7pm start  
At Lismore Community Centre  
\$20 per person, tables up to 10

Bookings Essential phone  
Declan 0477 855126  
Tracey 0439 962191

BYO Food and drinks



### **BLOOD MOON - TOTAL LUNAR ECLIPSE**

For all the early birds / night owls and budding astronomers, head outdoors on September 8th around 3.30am to witness the last Blood Moon for 2025. The maximum eclipse effect will occur around 45 minutes later around 4.15am and will complete its cycle at around 5am.



### **Want to go paperless?**

Lismore News is online!  
Scan the QR code to read the  
newsletter on your device and in  
glorious colour!

Lismore Progress Association acknowledges and pays respects to the Wadawurrung people, the traditional custodians of the unceded lands where we live and work. We extend this respect to all First Nations Elders and people past, present and future.

**Always was, always will be.**

## DIARY DATES 2025

Next Newsletter due out 17th Sept, Edition No 15 for 2025

Typist: Sarah Mokrzycki Staplers: Craft Shop

### SEPTEMBER

- Fri 5 Women's Health Week Event - Skipton. Guest speaker Lisa Curry. 9am—12pm Skipton Mechanics Institute Community Hall
- Sun 7 Fathers Day
- Thurs 11 Lismore Land Protection Group Bus Trip Ararat Beaufort E: lismorelpg@gmail.com
- Frid 19 Landcare Night Stalk 5pm – 8pm with Tania from Nurture for Nature & Craig from Otway Ecology. Dress for the weather. Bring a torch, BBQ & drinks provided RSVP 0439 059 202
- Frid 19 End of Term 3
- Sun 21 Sun dials : presentation /workshop/adventure 11am– 12noon, Murnong Indigenous Garden 30 William St Lismore \$5 entry, members free. All welcome (ready for the equinox)
- Sat 26 LDNFC Presentation Night

### OCTOBER

- Mon 6 Start of School Term 4
- Fri 17 Lismore Primary School Trivia Night 6.30 pm Lismore Comm Centre ph 0477 855126
- Sat 25 Lis Derri FNC Presentation Night
- Sun 26 Clunes/Mt Beckworth Walks - book early on 55583000 or email lsw@sw.net.au

### NOVEMBER

- Sat 22 Save the Date: Graze the Day, Timboon with headliners the Pierce Brothers
- Sun 23 Derri Town & Country Market
- Social Support Group:** Every Mon & Wed 10.30am-2.30pm, Lismore Community Health Centre
- Positive Aging, Access & Inclusion Sessions:** See Corangamite Noticeboard - pg 20
- Monthly Men's Bus Trips:** Ph: Lismore Community Health on 55 583 000.
- Line Dancing @ Derri:** Tues nights 7pm. \$10 for 2 hours and supper.
- Power Pals Strength training:** Every Thur 2-3pm, Lismore Community Health Centre.
- Cars and Coffee Lismore Fairway Café:** Last Sunday morning of the month. Bring your own wheels or come and admire those on display. Have a cuppa and a chat.
- DLCA History Rooms Derrinallum:** First Sunday of the month, 1-4pm.
- Derri Library Book Group:** First Thursday of the month, 2.30- 4pm.
- Mahjong:** Derri Library, every Mon 1.30pm.
- Mount Elephant and Visitor Centre:** Sundays 1-4pm, or by appointment unless unsafe weather.
- Council "Movie a Month" Seniors' free morning movie:** First Tues of month throughout Shire. RSVP Belinda or Lesa on 55 937100.
- Creative Hub:** 31 High St, Derri, 10am-2pm every Wed to Sat.

*Please refer to ads within the newsletter for further event details.*

What's new at [www.lismore.vic.au/](http://www.lismore.vic.au/)?

### Business contacts

We are updating the business contacts page at <https://lismore.vic.au/business.html>  
The list includes those that advertise in the newsletter and some community groups.  
Let us know if you think we have missed anybody. Or if you have a facebook or web page that would help.  
Or let us know if you would like to help!

### Underpass progress

There is movement at the Underpass!  
The Shire is about to call for Quotes for the construction. They hope to complete the job by next winter.  
The drawings and specifications are at <https://lismore.vic.au/events---coming-and-past.html>

### Search box

There is lots of stuff on the web site and it is hard to find your way about.  
A handy help is use the search box at the top of the front page <https://lismore.vic.au/index.html>  
And a google search from anywhere in the world will find most things on the site. Amazing!

### "Social media" links

Lots happens on Facebook and Instagram, and nobody wants to miss it!  
We have a list of local Facebook groups at <https://lismore.vic.au/facebook-groups.html>  
If you want us to list other Facebook or Instagram groups send a note on <https://lismore.vic.au/contact-us-search.html>  
Or make a comment on the latest posting at <https://www.facebook.com/lismorevic>





The Lismore Derrinallum Demons Senior & Reserves Footy teams (and the u12's kicking off the day with an early match) headed to Willaura on Saturday for the Second Semi Final to secure their spots in the Grand Final after both finishing their season on top of the ladder.

After a week off last week both teams took to the field with the determination and skill shown consistently throughout the year with

Reserves coming away with a win over Ararat Eagles 64 to 46.

Ryan Marquand also reached a milestone 150 games!

Seniors also secured a very convincing win over Ararat Eagles 102 to 17. The Grand Final will be held on Saturday 14th September at the Mortlake Recreation Reserve.

Meanwhile the Lismore Recreation Reserve was abuzz with finals action - hosting the First Semi Final on Sunday. The last of the netball teams left standing, U18's .....

While the weather was ..... the day proved that as with many country town events, many volunteer hours prior to, on the day, and in the aftermath made for a very successful event. The groundskeepers ensured the oval and surrounds were looking fabulous, canteen and bar volunteers had things running seamlessly, BBQ sizzling away keeping bellies full and all the numerous other roles that ensures a well run day were all in hand.

**Wishing Footballers all the very best of luck in the upcoming Grand Final -  
Go Dees!!**



## Netball Wrap-up Sunday 31 August 2025

After a great season, the U 18's unfortunately lost to Tatyoon in a hard fought match 24-22.

The weather was varied, showers to some sunshine, with a very fresh breeze.

A Great Crowd

## Volunteer Spotlight

### Shari McConachy



**How long have you lived in the community?**

*Originally from South Gippsland, I moved to the district for my first job out of uni when I was 21. I worked as an agronomist for Western Aerial and lived with a house mate in the hostel rooms at the Lismore Health Centre. So I've now been in the district over 20 years - almost a local!*

**What inspired you to start volunteering?**

*As a kid, both of my parents were actively involved in various community groups, so I grew up thinking that being on committees and going to evening meetings was just something adults naturally did. At Lismore I was more roped into my first role rather than putting my hand up to volunteer. Rick Vagg encouraged me to come along to the Lismore Rec Reserve AGM in my early years of living here, promising I wouldn't have to join anything straight away. Somehow I left that meeting with the job of Secretary, a role I have held now for 16 years despite my best efforts to pass it on.*

**What group/s or causes do you volunteer with?**

*There has been a variety of different groups I have volunteered with over the years (kinder, school, swimming pool, Landcare, Lions coffee stop) but my longest running, and still current, roles have been as secretary of the Lismore Recreation Reserve Committee and as a typist for the Lismore Newsletter. Both have been rewarding in different ways. I have enjoyed working with the different Committee members with the Rec Reserve over the years and seeing the slow but steady improvements we have made at the grounds. The biggest I've been involved in was the building of the Rick Vagg Social Rooms and our soon to be added Netball Change rooms which should be ready for next season.*

*Typing up the Lismore newsletter is a great way to help out as well as keep up with what's happening locally. It's a job that only comes around 3 - 4 times a year so is not too much of a commitment but I still feel I'm doing my bit to help a local group.*

**If someone was thinking of volunteering, what would you say to encourage them?**

*There is never a perfect time in your life to volunteer, so do it now. Whether you're studying, working full time, home with kids, or retired, everyone is busy, everyone has other priorities, but our towns can't run without help. Local groups are in desperate need of new volunteers and groups are very accommodating. If you can't make every meeting that's ok, just step and do what you can. Attending events that volunteers have put together is also a great way to support local groups.*

**How has volunteering changed your perspective on the town or the people in it?**

*Over the years, being involved in different groups has shown me that our committees are often run by a small group of dedicated volunteers who wear many different hats. Small towns wouldn't function without these committed individuals—but the workload can be exhausting. If more people found just one thing that interested them and put their hand up to help, it really would make a big difference. As the saying goes, 'many hands make light work.'*

*I encourage everyone to get involved with a local committee, even in a small way. Helping out not only lightens the load for others, it also gives you a stronger connection to your community. In the end, it often gives back more than you put in.*

**Do you have a favourite local event, place to visit or business?**

*This year I discovered my new favourite (hopefully annual) event, the Lismore Mid Winter Festival! This was a fantastic event for all ages of the community to get together during what can be a pretty cold and miserable time of year. The fireworks were spectacular, the art displays showcased the real talent we have in our community and the evening was topped off with great food, kids activities and music, an amazing event put together by our Progress Association.*



### BALLARAT CHOOKS

**Delivering hens  
for egg production  
to this area every four weeks.  
To place your order**

**Phone Kelvin 0400 559 559**

## Lismore Progress Association Inc. (Victoria) Annual Activities Report for 2024/2025

Presented to the Association's AGM 25th August 2025

The Lismore Progress Association (LPA) formed at a Public Meeting on the 28 October 1988. It incorporated in 1989 with the aim of making Lismore an even better place to live. It is run by volunteers. Fostering community connectedness is a major focus of LPA via the Lismore News and community events.

The Lismore News was printed by Larry and Marg Howard, had a distribution of 360 copies (300 in print and 60+ online), published fortnightly, except in school holidays, filed on the Lismore website, and archived at the State Library. It was decided to continue to publish fortnightly although costs have increased significantly. Costs to advertisers will increase. Community information and the newsletter will continue to be free, thanks to volunteers, advertisers and donors.

Thank you: • typing & editing: Laura Mitchell, Judy Buchholz, Janette Devlin, Val Lang, Shari McConachy & Sarah Mokrzycki. The newsletter computer and programs were updated with the support of a Shire Facilities Grant. • stapling teams: Sheila Brett, Joan Goodacre, Kerry Day & Marie Thomas; Sue Lawton & Ellen Theiler; Lismore Bowling Club; Lyndel Buchholz, Bonnie Reading & Jenny Marquand; Men's Shed (Stan & Jim and team); Gwenda Shaw, Tracy Tormey; Lismore Craft shop, Wendy Webster and Margot Lee, Sue Olsen and all others who pitch and help on stapling days. We farewelled long-time contributors Wendy Webster and Margot Lee. • distributors: Copies could be picked up or read at local outlets including Lismore Newsagency & Post Office, Derrinallum Post Office, Derrinallum Community Shop, Blue Yabby Café, Lismore Supermarket, Full on Food, Fairway Café, & Lismore Hotel. They were posted to registered past community members by Sandy Gibson; and delivered to outlying areas via the Lismore Post Office sponsored by the Berrybank Windfarm. • contributors: utilities and business advertisers, organisations, the shire, Lismore Lions Club, Derri Community Shop, Health Centre and individuals. Please support our advertisers, they support our community newsletter. Thanks Derri News and Natter, we work closely together.

The Annual Community Christmas Party was held at the Recreation Reserve on 12th December with a visit from Santa: traditional lolly bags supplied by Blue Yabby, and Santa's arrival by fire-truck, thanks CFA members. There was an indoor jumping castle, a coffee van, and a free BBQ provided by the Lismore and District Lions Club, a raffle and Face painting. Special Thanks to Cracker-Jack, Tracey Tormey & Don Hyett. The Christmas spirit was spread through the town with Christmas trees organised by Marie Thomas, decorated by Lismore Primary School students, with help from Jim Anderson and others in the Men's Shed.

### Community Activities

• **Lismore Movie Group**, had 6 movie evenings, including for NAIDOC week with Murnong Indigenous Garden, and another as part of the Corangamite Film Festival. Thanks to Corangamite Film society, Lismore Health Centre, our committee Aurelie Chabrol, Lance Grace, Anne Grahame and all community members who supported shows. • **Newcomers were welcomed** in the Lismore News and with information packs when they were identified and willing. • **Browns Waterholes under-highway footbridge** replacement is set to go ahead: Progress Association secured a Shire Environment Grant to manage the weeds in the vicinity of the bridge. The Shire will add its funds to the support it has gained from a State Government Tiny Towns Grant and Berrybank Windfarms. Lismore Health Centre and Derri Progress Representatives.

• **Options for an EV charger** continue to be explored with community members and a provider • **Victorian Energy Zones and Transmission Plan**. Progress lodged a submission in response to the Victorian Transmission Line Planning proposal outlining issues which Progress considered important considerations for this district

• **Highway Traffic** Progress supported the Derrinallum Association efforts to reduce the speed limits though highway townships • **Safety in Lismore** continues to be an issue with break-ins and burglaries. Progress members facilitated community letters to politicians and police services, contributed to the Neighbourhood Policing Forum in Camperdown and organised a meeting between regional policing and community organisations in Lismore and Derri. The newsletter urges community members to be continually watchful and careful and report incidents or suspicions in the hope of reducing these awful incidents.

• **Mid-Winter Festival Preparations** for July included allocating tasks to volunteer Progress Assoc members: organising catering with Lions Club, Fairway Café and Full on Food, gaining support from community artists, securing funds and/or support from Cobden & Districts Community Finance LTD Bendigo Bank; Derrinallum Community Shop; Lismore and District Lions Club; Lismore Health Centre; Shire Ready Grant; Berrybank Wind Farms GPG Australia Ltd; Ray White Camperdown, Real Estate; Sun Current, Solar Installers; Nutrient Ag Solutions, Skipton; and HD Production. Thanks also to Derri Progress Assoc., Bronny Nicol and to Wild West Line Dance Co. Very special thanks to Mitch Prewett for his planning and significant contribution to the fireworks display, and Simone Slee

(Assoc. Prof. Arts) who agreed to return to the district for the festival weekend to judge the art works.

The Lismore Progress Association Committee met on the last Monday of the month from 6pm to 7pm, with community members welcome to attend. Representatives met with the Shire CEO David Ray in Camperdown and at a Progress Meeting to discuss issues relevant to the Shire and Progress Association. Cr Nick Cole was a welcome contributor at meetings and a direct line to the Shire. All Shire support was appreciated.

Thank you to all who contributed so much to discussion, planning and projects this past year: Committee Members: Lance Grace (vice president), Loris Shannon (secretary), Adrian Nye, (treasurer), Sarah Mokrzycki (minutes secretary), Chris Lang, (online communications), Martha Prewett, Mitch Prewett, Marie Thomas, Robert McLoughlin (IT support) Lynn Stammberger, & Aurélie Chabrol, as well as general members Anne Grahame, Shin Siah, Sue Olsen, Rob Horner and Peter Nicol. Thank you to all who brought enthusiasm and gave time and local input to the Lismore Progress Association and its work for this very special town.

Val Lang (President)



**EXTRA! EXTRA!**

## WHAT'S GOING ON WITH LISMORE NEWS

*Collect your newsletter at the Post Office, Foodworks or the Blue Yabby Café.*

### SUBMIT TO LISMORE NEWS

To help keep our newsletter relevant, exciting and current, send in your community events, news items and highlights to **lismorenews@gmail.com** or drop items into the Blue Yabby Café box.

*Articles due by **THURSDAY** prior to publication.*

**Lismore News small community announcements are free.**

### VOLUNTEER WITH US

New typists and staplers are always welcome to join the Lismore News roster (usually 3 times a year). Training available.

*Put your hand up to help our town newsletter remain free!*

Please contact Shari on 0409 070 089

**Cheques made payable to  
Lismore Progress Association**

**Direct Deposit to Bendigo Bank Account  
A/C 209 390 525 BSB 633 000**

**Treasurer Adrian Nye 0419 342 683**

*~ The Lismore Newsletter is a Project of the Lismore Progress Association ~*

### LISMORE NEWS ONLINE

Lismore News is available in digital format in glorious colour! Find it online at:

[lismore.vic.au/newsletters-media.html](http://lismore.vic.au/newsletters-media.html)

(Facebook will notify when the newsletter is available.)

Lismore News is also on 'Trove' State Library at:

[nla.gov.au/nla.obj-3052561254  
searchTerm=Lismore%20Newsletter%20Victoria](http://nla.gov.au/nla.obj-3052561254/searchTerm=Lismore%20Newsletter%20Victoria)

*You can also register to receive Lismore News online via Mailchimp. Email your request and contact to: [lismorenews@gmail.com](mailto:lismorenews@gmail.com)*



**Lismore News is run by volunteers. Help keep it free by donating today!**  
Direct deposit to our Bendigo Bank account or in-person via the Blue Yabby donation box.

**A HUGE THANK YOU** to all who contribute with donations, volunteer work and with articles.

### Lismore News Advertising Rates Community Information continues to be free: ie supported by advertising and donations

Advertising costs for 2025/26 have increased because of substantial increased costs of operating the newsletter.

It was decided to try increasing cost in preference to reducing publication to once monthly. This is an attempt to keep notices and news to community more up to date

Advertisers will also have the option of advertising Quarterly with Business and Community Directory with increased circulation ie letter box delivery to townfolk.

Advertising is also visible on the Lismore Website.

#### **Fortnightly ( except school holidays)**

Yearly: 1/2 Page \$400; 1/4 Page \$260; 1/8 Page \$120

#### **Quarterly Directory**

Yearly: 1/2 Page \$260; 1/4 Page \$130; 1/8 Page \$75

#### **Casual**

1/2 Page \$35 1/4 Page \$20; 1/8 Page \$10

**Please support our advertisers  
as they support the newsletter  
and you with business services to the town**



### **A warm welcome to our newest Lismore residents & Lismore Hotel staff members.....**

Madhusi aka Mandi who is the new Chef and Hely aka Bobby is the newest bartender. The community welcomes you and wishes you well as you settle into life in Lismore. Call into the Hotel, enjoy a drink & meal & say hello!

**Thank you Berrybank Wind Farm (GPG Naturgy Group) for sponsoring roadside delivery of Lismore News**

## COMMUNITY INFORMATION

### Places of worship

#### Lismore Presbyterian Church

##### Morning Worship:

Services held on the 5th Sunday/month  
Elder S. McKerrow, Skipton. Ph: 5349 5553.

#### Catholic Church ~ All welcome!

Weekly Sunday Mass times:

St John's Church Lismore @ 9am

St Patrick's Church Camperdown @ 11am

#### Combined Anglican & United Church at Derrinallum UCA building

1st Sunday @ 9am Uniting

2nd Sunday @ 11.30 Anglican

3rd Sunday @ 9am Uniting

4th Sunday @ 11.30am Anglican

#### Derrinallum Transfer Station (rubbish tip)

Open hours: FRI & SUN 1pm - 5pm

Contact Emma on: 55 937 100.

#### Stamps & Spectacles for charity

Donate unwanted spectacles to Lismore &  
District Lions Club. Drop used stamps off at Derri  
Community Shop/DISC for Sammy Stamps.

#### Justice of the Peace

Derrinallum / Lismore district.

Nola Landrigan 0417 014 635

Please leave a voicemail or text if unanswered.

#### Lismore Newsagency & Post Office

Steve and Gail Tel 55962105

Open 7 days

#### Lismore Bowls Club

Bowls to recommence September

Ph: Secretary Lyn Brown 0429 358 483

President John Trotter on 0412 520 802



Wednesdays 10-12 noon

Grimwade Rooms,

Health Centre Lismore.

Bring snacks, water, hats, sunscreen.  
More information contact Ella Hassell on  
0407 571 726 (Thurs. only) or email  
Ella.Hassell@corangamite.vic.gov.au

### Lismore Newsletter

The next edition will include several pages  
dedicated to contacts for

local clubs and organisations

These pages will be printed quarterly and be  
permanently on the Lismore website

### Lismore online

What's new at [lismore.vic.au](http://lismore.vic.au)? Visit "Coming  
Events" at [lismore.vic.au/coming-events.html](http://lismore.vic.au/coming-events.html).

Find us on Facebook at [facebook.com/lismorevic/](https://facebook.com/lismorevic/)

What is there to see  
around Lismore?

Check [lismore.vic.au/tourism/](http://lismore.vic.au/tourism/)

Scan the QR code to view a map:



#### Lake Tooliorook Camping

The Angling Club runs the  
camping ground and does not have a booking  
facility. To check availability  
phone Ray 0438 546427.

#### Lismore Caravan Park

You can book a place at the Lismore Lions Club  
Caravan Park near the swimming pool.

Ring Gwenda 0417 071523 or

Sherrill 0416 124778

### LISMORE RECREATION RESERVE

Committee meetings held 3rd Monday every  
second month.

The Recreation Reserve has a variety of  
venues available for hire:

- ♦ Large hall with gas heating
- ♦ Hall kitchen
- ♦ Squash courts
- ♦ Smaller heated areas for meetings
- ♦ Social/club rooms with full kitchen
- ♦ Two kitchens fully equipped for catering

**President:** Matt Halloran 0437 245 244

**Secretary:** Shari McConachy 0409 070 089

**Venue bookings:** Barb Niblett 0429 336 151

#### DERRINALLUM LIBRARY

44 Main Street

Thursday 11 am – 12.30 pm & 1 pm – 5 pm

Friday 11 am – 12.30 pm & 1 pm – 5 pm

Saturday 10 am – 12 noon

Phone: 55976658

[cmlibraries.com.au](http://cmlibraries.com.au)



## HEALTH & FITNESS

### Lismore Visiting GP Service

Dr Anne Pushparajah is available at the Lismore Health Centre on Mondays. Appointments essential. Ph: 555 83 000.

### Mental Health is Important

If you require info on mental health services, Lismore Community Health can give advice and referrals. Ph: 5558 3000, Mon-Fri, 9am - 4pm.

**For free 24/7 counselling & crisis support:**  
**Beyond Blue 1300 224 636 or**  
**Lifeline on 13 11 14.**

Visit [beyondblue.org.au](http://beyondblue.org.au) or [lifeline.org.au](http://lifeline.org.au) to chat to someone online.



**GoodSAM**

### GoodSAM App

Free global smartphone app that alerts responders to someone nearby in cardiac arrest.

GoodSAM is linked to the Triple Zero (000) As soon as an ambulance is dispatched, a GoodSAM alert will notify you. To become a GoodSam responder visit:

<https://www.ambulance.vic.gov.au/goodsam/>

### Defibrillator (AED) locations around Lismore (accessible all hours)

Gorst Rural	135 High Street
Australia Post (Lismore Post Office)	35 - 39 High St
Victoria Police	61 High St
Recreation Reserve	Seymour St
(Community Centre East Side)	

**Nurse on Call** is a telephone service that provides immediate, expert health advice from a registered nurse, 24 hours a day, 7 days a week.

The service, staffed by registered nurses, is accessible from any landline or mobile phone in Victoria for the cost of a local call (calls from "mobiles may be charged at a higher rate).

**CALL 1300 60 60 24**



New members welcome! For details contact  
 Tom Brett: 0488 489 766  
 Saturday Golf competition from 12pm.  
**Green Fees Welcome!**

### Get well wishes

To all community members who are in hospital or at home recovering from illness or injury - wishing you well.



western district  
**Pilates Club**

**Lismore**

(footy club social rooms)

Tuesday

6.30pm

**\$10 cash - BYO mat/towel**

all levels, all  
 bodies, all welcome

instagram

@wd\_pilatesclub

enquiries - Katie

0429 631 152

### Gentle Exercises and Pilates Derrinallum Hall

Gentle Exercises Monday 1-1.45pm - \$5

Pilates Monday 2-3pm - \$10

Enquiries Carole Manifold Ph 0427 406 699

If you would like to give a session a go

Come along to a session at no charge

### Community Gym - Lismore Community Health Centre



Lismore Community Health Centre has a small gym with exercise bikes, a treadmill, rowing machine, elliptical walker, weights machine and free weights.

As the gym is unsupervised, prior to attendance it is a requirement that a medical clearance form be signed by your GP and an orientation session completed with the SWH physiotherapist. The physiotherapist can design a personalised exercise program to suit you.

The gym can be accessed Mon - Fri 9am - 3pm.  
 Ph the Health Centre, 555 83 000 for more info.



## LISMORE CRAFT SHOP

19 High St (Service Rd between P.O. & Hotel)



**OPEN Fri & Sat 10am—1pm  
or when signs are out. (Cash only).**

Variety of locally crafted, baked and preserved items as well as fresh produce, honey and eggs when available.

Go to Derri Community Shop for the depot for recycled clothing and goods.

Contact for info or after hours sales:

Treasurer :Tracey 0418 315 295

President: Loris 55 410 015

## DERRINALLUM & LISMORE COMMUNITY ASSOCIATION INC. HISTORY GROUP

Local history: people, families, towns, property, business, buildings, maps, photos, newspapers, events, clubs, schools, etc.

**OPEN 1st Sunday/month**

**1pm - 4pm \*except Dec, Jan & July\***

**46 Main Street, Derrinallum, Victoria, 3325**

P.O. Box 25, Derrinallum, Victoria, 3325

**derrinallum.lismore.history@gmail.com**



Contact: Avon Buchholz:

0490 078 420

President Sandy Gibson:

0427 962 987



## Lismore & Derrinallum Community Pharmacy

### Derrinallum Pharmacy

18 Main St, Derrinallum 3325

Monday To Friday

9.00am - 1.00 pm

Ph: 03 5309 0445

Fax: 03 5309 0458

### Lismore Community Pharmacy

32 High St, Lismore 3324

Monday to Friday

1.30pm—5.30pm

Ph: 03 5596 2397

Fax:- 03 5596 2195

Providing Pharmacy Services  
to rural Victorians

[lismorecommunitypharmacy@gmail.com](mailto:lismorecommunitypharmacy@gmail.com)



**We are so much more than  
“a great cup of coffee”.**

Come and enjoy the atmosphere,  
freshly made sandwiches,  
delicious hot rolls & traditional meals daily.  
House made goods, sweets & a  
variety of take home meals.

For orders or catering

**Ph 0436 444 437**

**Open 7 days.**

Mon—Frid 6.30am - 4pm.

Sat/Sun 8 am- 4pm.

Follow us on Facebook:

“lismorefullonfood”

## Lismore Foodworks

**FREE home delivery after 6pm.**

Minimum order of \$100.

Delivery within 5-10km radius of Lismore township (exc. cigarettes or alcohol).

**Casual staff required.**

**Ph: 0403 393 406.**



## Wildlife Rescue

Val Carter is registered with Wildlife Victoria to transport injured wildlife to go to Wildlife Refuges.

It is helpful to report wildlife that are hit by vehicles, and if safe to do so move them off the road. Take care, particularly on the hwy between Lismore and Derrinallum.

Val Carter Mob 0493 231 028

Wildlife Victoria Tel. 03 8400 7300

Mob 0429 170 036

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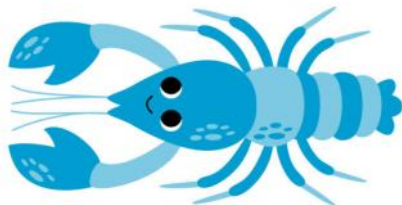
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**Meeting 1st Thursday of each month**

**7.30pm at our Club Rooms**

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**Seymour St, Lismore**

**Phone Nathan Micalleff 0421 825 006**

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**need to complete that project!**

**Call in any Wednesday 10.00am—4.00pm to**  
**talk with any of the members and see the**  
**shed in action.**

**ALL WELCOME!**

Stan Foote (Sec) 53 402 036

Jim (Pres) 0417 008 818

You can donate your 'deposit scheme  
containers' into the Men's Shed drop-off bin to  
support the Men's Shed

*Remember this is the Community's shed so if you  
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Please note:

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(Gwenda Shaw, Manager. 0417 071 523)

## Spring Gardening Guide September

As the chill of winter fades and the days grow longer, September marks the true beginning of spring. The soil is warming, blossoms are bursting, and it's the perfect time to get your hands dirty and your garden thriving

### What to Plant This Month

#### Vegetables:

- Tomatoes (start in pots indoors/undercover)
- Cucumber & Celery
- Eggplant & Capsicum
- Peas & Asian Greens
- Carrots, Parsley, Lettuce



#### Flowers:

- Petunias & Bacopa (great for pots)
- Geraniums (hardy and heat-tolerant)
- Sunflowers (fun for kids, loved by pollinators)
- Snapdragons & Cosmos (attract beneficial insects)

### Garden Jobs for September

- Fertilise with organic general-purpose mix
- Weed while soil is moist
- Refresh mulch layers
- Lightly prune natives
- Water pots and beds regularly



### Tips & Tricks

- **Tomato Tip:** Rotate planting spots to prevent disease
- **Citrus Care:** Feed with citrus fertiliser, check for pests
- **Kids' Corner:** Start a sunflower-growing contest or sprout tomato seeds indoors

### Spring is Here!

September is the perfect time to reconnect with your garden. Whether you're growing for beauty, bounty, or both - get planting, get inspired, and enjoy the season!



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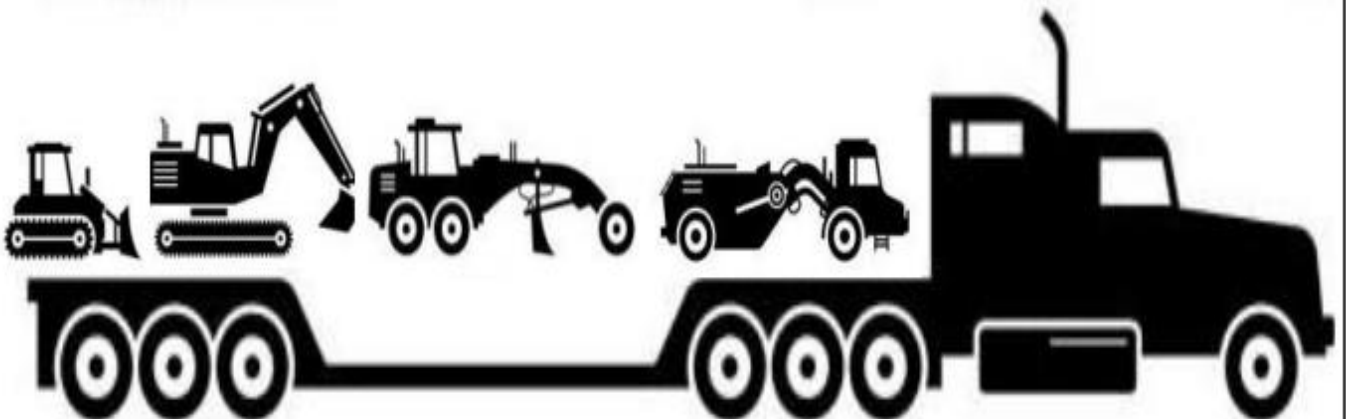
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CORANGAMITE SHIRE

# Noticeboard



## Free lifeguard training for Shire's youth

Lifeguard training is a fun and active way for young people to build confidence and leadership skills. It opens up great part-time or casual job opportunities, especially during school holidays and summer. Corangamite Shire Council is offering free training for Shire residents aged 12-24 during the September school holidays.

"Being a lifeguard teaches vital first aid and aquatic CPR skills that can save lives. It's a fantastic way to stay fit and improve swimming ability in a structured environment."

Only 20 places available so book now at [events.humanitix.com/lifeguard-training-2025](https://events.humanitix.com/lifeguard-training-2025).

The course will equip candidates with the skills and knowledge required to supervise swimming pool users. It covers pool surveillance, scanning techniques, rescue skills, oxygen resuscitation and emergency care.

Prospective participants must have the First Aid/CPR HLTAID003 or HLTAID011 certificate before they can register for this course.

**Where:** Cobden Indoor Pool, 3 Victoria St, Cobden  
**When:**

**Day 1:** Tuesday 23 September, 9.30 am-4.30 pm

**Day 2:** Wednesday 24 September, 9.30 am-4.30 pm

Victorian  
Seniors  
Festival  
2025



**CONNECT  
CREATE  
CELEBRATE**  
1-31 October



**FREE COUNTRY CONCERTS FOR SENIORS**

### The Stiletto Groove

Tuesday 14 October, 11 am - 12 pm  
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### Ian 'Bidge' Boyd

Wednesday 22 October, 11 am - 12.30 pm  
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131 High Street, Terang

Light lunch provided at conclusion of both events

Bookings essential, please call 5593 7100  
If you require free transport to the events,  
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Tickets \$10 from  
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Get tickets



## Positive Ageing, Access & Inclusion Drop in Sessions

Derrinallum Library  
4th September

Pop in to discuss  
community access,  
inclusion & support for  
ageing well.



## Positive inclusion plan to empower seniors and people with disability

Corangamite Shire Council has unveiled its Positive Ageing, Accessibility and Inclusion Plan 2025-2029 to help build a more inclusive and connected community. Mayor Kate Makin said the plan is designed to empower our senior residents and people with a disability to live healthier, happier, and more engaged lives.

To read the plan, go to [corangamite.vic.gov.au/PAAIP](https://corangamite.vic.gov.au/PAAIP)

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Authorised by Dan Tehan MP, Liberal, 190 Gray Street, Hamilton VIC 3300.

## WATER HEROES

SAVE EVERY DROP 2025

NATIONAL WATER WEEK

### Poster Competition

Help celebrate National Water Week this year by creating a poster that highlights how we can all be Water Heroes and save every drop! Draw it. Paint it. Design it your way!



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Entries close Friday 12 September



**Enter Now**  
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Phone 1800 333 000 to make a Crimestoppers report, or go to [crimestoppersvic.com.au](http://crimestoppersvic.com.au)

For information on how to avoid or report a scam, visit the Scamwatch Website: [scamwatch.gov.au](http://scamwatch.gov.au)



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